

Lead CBT Therapist/ Master trainer CONTROL

Job description/ person specification

Role Summary:

This is an exciting opportunity for an applicant with experience in psychological interventions especially Cognitive Behaviour Therapy (CBT) to support Prof Saeed's and Dr Zohaib Khans' portfolio of Global Mental Health research. We envisage this to be a career-furthering role for an individual with a particular interest in mental health in which the individual will gain and develop skills in delivery of psychological interventions as a part of a large-scale international research projects in global mental health.

You will mainly work as a member of the multidisciplinary CONTROL team based at Khyber Medical University. CONTROL (COgNitive Therapy for depReSSIOn in tubercuLosis treatment) is a four-year applied healthcare programme awarded by NIHR UK and aims to develop the CONTROL approach for providing psychosocial intervention to improve the outcomes both for depression and TB in people with TB and MDR-TB, test its effectiveness and cost effectiveness and examine how the intervention can be implemented in real world setting of a TB Control Programmes (TBCP) in Pakistan and Afghanistan. This programme is a joint collaboration between Keele University and Khyber Medical University.

You will work closely with other members of the KMU and UK team, particularly the Principal Investigators, project manager and postdoctoral researchers. You will take a leading role in supporting one of the Co-Leads Dr Mirrat Gul who specialises in psychological interventions. Under the direct supervision of Dr Mirrat Gul you will be responsible to train and manage a team of junior psychologists and TB health care workers. You will also communicate frequently, via Skype, email and shared team drives, with members of the international CONTROL teams, external agencies and stakeholders particularly TB Control Programme. As well as being a core member of the CONTROL team, the successful candidate will be required to manage their own workload and to coordinate all aspects of intervention delivery. You will also provide support to Prof Saeed Farooq, Dr Zohaib Khan and Dr Mirrat Gul with other aspects of research programme.

Person specification

Criteria Headings	Essential	Evidenced by	Desirable	Evidenced by
Qualifications/ Education/ Training	Master's in Psychology / or Mental health related discipline Certification/ diploma in CBT	A	clinical psychology	A
Experience	Understanding of psychological interventions. At least have seen 3 patients under supervision of a CBT therapist. Experience of coordinating and organising training sessions and writing reports Experience of managing time in order	A, I A, I A, I A, I	Experience in research and working with a team in delivering psychological intervention.	A, I

	<p>to meet deadlines</p> <p>Experience of identifying and handling sensitive information whilst maintaining confidentiality</p> <p>Experience of working with service users and carers</p> <p>Experience of multi-disciplinary collaboration with researchers and academics from range of academic and clinical backgrounds.</p> <p>Experience of field-based project management.</p>	<p>A, I</p> <p>AI</p> <p>AI</p> <p>AI</p> <p>AI</p>		
<p>Skills/ Aptitudes/ Competences/</p>	<p>Excellent IT skills, including proficiency in the use of Microsoft 365, including Word, PowerPoint and Excel</p> <p>Evidence of writing up of training materials and reports</p> <p>Demonstrated ability to follow standard practices and procedures, receive general instruction and supervision on work progress and to be able to transfer the instructions to junior staff</p> <p>Demonstrated resourcefulness in problem-solving and initiative to learn new skills</p> <p>Demonstrated team working, versatility and integrity</p> <p>Proficient understanding of office procedures and policies</p>	<p>A, I</p> <p>A, I</p> <p>A, I</p> <p>A, I</p> <p>A, I</p> <p>A, I</p>	<p>Ability to write standard operating procedures</p>	<p>A, I</p>

Other	Willingness to maintain continuous professional development, undertaking training as required.	A, I	Understanding and awareness of Good clinical practice and Data Protection Acts	A,I
	A willingness to work flexibly in line with demands of the job	A, I		
	Ability to meet the travel requirements of the post as required.	A, I		
	Ability to work independently on own initiative, with a pro-active approach to problem solving	A, I		
		A, I		

<p>Evidence Key A = Application I =Interview R =References T =Test P =Presentation (or a combination)</p>
